



This month...

Pollution shields



Your skin is under attack from ageing pollutants, but can these products help you save face? Acting Beauty Editor **FIONA EMBLETON** finds out

Teoxane Advanced Perfecting Shield SPF 30, £48

SPF? Check. Antioxidants? You bet. Plus, it has hyaluronic acid, because pollution can damage the skin's outer layer, causing moisture loss. Left my face plumper than a hotel pillow.



Dr Andrew Weil For Origins Mega-Defense SPF 45 Advanced Daily UV Defender, £30

Unless you're very pale, this 100% mineral sunscreen gives skin the same lustre as Ryvita. But the plant extracts will be a boon to sensitive skin.



Editor's pick

Elizabeth Arden Prevage City Smart Broad Spectrum SPF 50PA+++ Hydrating Shield, £55

There's serious science here, as its antioxidants have been proven to increase the lifespan of cells. The matte finish is also a great pre-make-up base. Perfect all-rounder.

Ren Flash Defence Anti-Pollution Mist, £24

This claims to form a film over skin to block out pollution. Does it work? Hard to say - it disappeared on first spritz. That said, when I cleansed, the water didn't turn the usual grimy grey.



Bliss Triple Oxygen Radiance Restoring Mist, £29

I'm dubious that a face mist can purify cells with oxygen. But this does contain antioxidant vitamin C, which brightens skin dulled by pollution, and it left me with a lusty glow. Catnip for face-mist addicts.

