

GOOD VIBES ONLY

Now that the line between beauty and wellness is blurring, these additions to your daily routine will lift your mood, melt away stress and turn your make-up into 'dopamine dressing'

WELL OILED

Lip oils give that low-key, popsi-cle-stained look that's perfect for summer. This being Hermès, expect shine and hydration, but also a sensory journey including the taste of freshly squeezed orange juice and an individual scent for each shade.

Hermès Beauty Hermèsistible Infused Care Oil, Dhs250 for 8.5ml

BUZZ-WORTHY BALM

Dopamine dressing – aka wearing colour to boost mood – is a hot new beauty trend. This 98 per cent natural balm with beeswax and eosin, an ingredient that responds to the lip's pH, ensures each shade looks unique on every wearer.

Guerlain KissKiss Bee Glow, Dhs190

BEAR ESSENTIAL

Tech lovers rejoice – Foreo's Bear has finally landed in the Middle East. Combining five intensities of microcurrent with sonic pulsations, this palm-size gadget helps you carve out a more pronounced jawline and cheekbones like a modern-day Michelangelo.

Foreo Bear Microcurrent Facial Toning Device, Dhs1,340

STAR-STUDED SCENT

An ode to summer nights in Los Angeles, this juice captures the fissure of excitement you feel as the setting sun gives way to the city's lights and you're dancing on a rooftop until morning's first light. Think swirling flashes of bright citrus followed by darker, sensual notes of tiara flower, sandalwood and musk caressing the skin.

Louis Vuitton City of Stars Cologne Perfume, Dhs1,260 for 100ml

MANE ATTRACTION

Experimenting with new hair styles is fun – the breakage that follows, not so much. Applied daily, this superfood cocktail of chia seeds, plant-based proteins and hydrating hyaluronic acid leave the hair cuticle more resilient and frizz-free.

Orbe Hair Alchemy Fortifying Treatment Serum, Dhs270 for 175ml

SUNNY SIDE UP

Shot with a barely-there shimmer, this bronzer for face and body serves up a cloud of warm, luminous colour that floats up from the shoulders and décolleté to the cheekbones.

Chanel Les Beiges Oversize Healthy Glow Sun-Kissed Powder in Sunbath, Dhs310

MARINE SCENE

When it comes to reviving congested skin, you can't go wrong with a deliciously cooling seaweed-infused face mask. Olivanna uses antioxidant-rich algae, sustainably harvested off the coast of Scotland, alongside kaolin to purge pores of impurities.

Olivanna Detox Oceanic Marine Mask, Dhs255

BRIGHT IDEA

Few things are as satisfying as seeing a dull complexion emerge slick and shiny after an exfoliating enzyme mask. Follow with a blend of oils, including argan and desert date, and skin is left positively glowing.

Whind Rise & Glow Duo Illuminating Duo, Dhs695