



HAIR

11 spring hair trends we're obsessed with in 2026

From CK1 layers to buzzy new shade 'golden dune'.

BY FIONA EMBLETON

25 February 2026

@quecolour/Instagram

Our editors work with affiliates when we select some or all of the products featured. We will receive compensation from retailers and/or from purchases through these links.

Right now, beauty is in its nostalgic era with the return of headbands and The Body Shop's Dewberry fragrance. The same vibe is informing the spring hair trends 2026, with an emphasis on soft-focus, fluid silhouettes – whether you're leaning into dark romance waves inspired by your favourite GCSE English novel, or '90s-coded layers.

“These trends are not about extremes, it's about refining shape and movement,” says Philipp Haug, celebrity hairstylist and co-founder of Haug London Haus, who describes the most popular looks for spring as being “rooted in precision, but styled to feel soft, modern and wearable.”

