



Gianluca Fontana/Blaublut Edition

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The best skincare for skiing hydrates, protects and guarantees a glacial glow

Ice, ice baby.



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Your skin faces some thorny issues on the slopes – but a stepped-up routine and our edit of the best [skincare](#) for skiing can make a real difference. After all, what could be more gratifying than [moisturisers](#) that coddle, soothe and make a glacial glow look like it's in your DNA?

Extreme temperatures are obviously skin's biggest nemesis when snow settles. But high mountain altitudes also mean "drier air and colder temperatures, all of which sap moisture from your skin," says dermatologist [Dr Alexis Granite](#), "while wind can also cause irritation and dryness."



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